

**Itinerary and Meetings Schedule for CAFII Spring 2025 Atlantic Canada Insurance
Regulators and Policy-Makers Tour: Phase 2 – Nova Scotia and Newfoundland and
Labrador**

CAFII will be engaging in 2025 Regulatory Tours, with a visit to Regulators in Halifax, Nova Scotia and St. John's, Newfoundland and Labrador.

Current participants:

From CAFII:

Keith Martin, Executive Director

Robyn Jennings, Research Analyst

EOC Members:

Karyn Kasperski, RBC Insurance

John Burns, Securian Canada

CAFII has asked for confirmation of member volunteers who wish to join

Our plan is as follows:

- Fly to Halifax evening of Wednesday June 11th
- Meeting with Nova Scotia Regulators Thursday June 12th 10:00 – 11:30 am AST
- CAFII lunch Thursday June 12th 12:00 – 1:30 pm AST
- Fly to St. John's Newfoundland and Labrador afternoon/evening Thursday June 12th
- Meeting with Newfoundland and Labrador Regulators Friday June 13th 10:00 – 11:30 am AST
- CAFII lunch Friday June 13th 12:00 – 1:30 pm AST
- Fly to Toronto afternoon/evening of Friday June 13th

Travel:

FLIGHTS: Toronto, ON to Halifax, NS				
Air Line	Airport	Date	Departure	Arrival
West Jet (non-stop)	Toronto Pearson YYZ	06-11-2025	7:30 pm EST	10:40 pm AST
Air Canada (non-stop)	Toronto Pearson YYZ	06-11-2025	2:00 pm EST	5:09 pm AST
Air Canada (non-stop)	Toronto Pearson YYZ	06-11-2025	4:30 pm EST	7:39 pm AST
Air Canada (non-Stop)	Toronto Pearson YYZ	06-11-2025	6:10 pm EST	9:19 pm AST
Porter (non-stop)	Toronto Pearson YYZ	06-11-2025	5:35 pm EST	8:43 pm AST
Porter (non-stop)	Toronto Pearson YYZ	06-11-2025	9:15 pm EST	12:23 am AST

FLIGHTS: Halifax, NS to St. John's NFL				
Air Line	Airport	Date	Departure	Arrival
Air Canada (non-stop)	Halifax YHZ	06-12-2025	4:10 pm AST	6:34 pm AST
Air Canada (non-stop)	Halifax YHZ	06-12-2025	8:00 pm AST	10:24 pm AST
Porter (non-stop)	Halifax YHZ	06-12-2025	2:40 pm AST	5:00 pm AST
Porter (non-stop)	Halifax YHZ	06-12-2025	7:30 pm AST	9:51 pm AST

FLIGHTS: St. John's NFL to Toronto, ON				
Air Line	Airport	Date	Departure	Arrival
West Jet (non-stop)	St. John's YYT	06-13-2025	3:00 pm AST	5:10 pm EST
Air Canada (non-stop)	St. John's YYT	06-13-2025	5:35 pm AST	7:42 pm EST
Air Canada (one-stop)	St. John's YYT	06-13-2025	6:10 pm AST	9:39 pm EST

Addresses to Note:

Halifax Regulatory Meeting:

1723 Hollis Street, 5th Floor

St. John's Regulatory Meeting:

Confederation Building, Visitors Entrance, 2nd Floor West Block, Digital Government and Service NL

Accommodation Halifax, NS:

Hotels Halifax, NS	
Hotel Name	Link
The Hollis Halifax (Recommended)	The Hollis Halifax
The Sutton Place Hotel Halifax (Alternative)	The Sutton Place
The Prince George Hotel (Alternative)	The Prince George Hotel
Halifax Marriott Harbourfront Hotel (Alternative)	Halifax Marriott Harbourfront Hotel

Accommodation St. John's, NFL:

Hotels St. John's, NFL	
Hotel Name	Link
Alt Hotel St. John's (Recommended)	Alt Hotel St. John's
Courtyard St. John's (Alternative)	Courtyard St. John's
Sheraton Hotel Newfoundland (Alternative)	Sheraton Hotel Newfoundland
Double Tree by Hilton St. John's Harbourview (Alternative)	Double Tree By Hilton

Dining:

Restaurants Halifax, NS	
Name	Link
Waterfront Warehouse	Waterfront Warehouse
Amano	Ristorante Amano
Cablewharf	Cablewharf
The Mercantile Social	The Mercantile Social
Water Polo	Water Polo
Cabin Coffee	Cabin Coffee

Restaurants St. John's, NFL	
Name	Link
Blue on Water	Blue on Water
The Keg Steakhouse + Bar	The Keg Steakhouse + Bar
Oliver's Restaurant	Oliver's Restaurant
Bernard Stanley Gastropub	Bernard Stanley Gastropub
YellowBelly Brewery	YellowBelly Brewery

If you are interested in attending the Regulatory tour, please let Lara Doig know as soon as possible. The two meetings will include a virtual meeting component. These meetings will be put in all EOC members' calendars for that reason, but if you do not plan to attend in-person or virtually please delete the invite.