

Agenda Item 7(e)
March 21/23 EOC Meeting

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You're Invited!

Mental Health Issues in the Workplace

A CAFII Virtual Fireside Chat with Paula Allen and Nigel Branker

Thursday, March 30, 2023

from 1:00pm - 2:00pm ET

via Zoom Webinar



Paula Allen

Global Leader, Research and Total Wellbeing

TELUS Health

(For capsule biography, [click here](#))



Nigel Branker

Chief Executive Officer

Securian Canada

(For capsule biography, [click here](#))

This webinar will feature two expert panelists who will address the following in a virtual Fireside Chat with CAFII moderator Keith Martin:

- Impact of workplace, economic, and societal pressures on the mental health of employees and customers;
- Emerging societal recognition that just as anyone can get physically sick, mental health issues and challenges are no different;

- Has the stigma around mental health issues really gone away?, or can a person's career still be negatively impacted if they reveal that they suffer from mental health issues?;
- Not all mental health issues have to be major incidents—the COVID-19 pandemic and its aftermath have caused low-level, chronic stress and anxiety in a lot of people's lives—is this currently a major concern, and/or something with potential long-lasting implications?;
- In addition to helping their own employees, are CAFII member companies and/or industry peers trying to help customers cope with mental health issues and challenges caused by workplace, economic, and societal pressures?

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For further information or assistance, please email Buni Mba at webinars@cafii.com or call 416-494-9224 ext. 3.

We look forward to welcoming you to this 2023 CAFII webinar .

Sincerely,

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